

**NOTE: THIS TEST MUST BE SCHEDULED BY MAKING AN APPOINTMENT IN ADVANCE
WITH THE TRICORE SPECIAL COAGULATION LABORATORY**

505-938-8844 OR 1-800-245-3296 EXT 8844

Evaluation for *medication-induced platelet defects* should be discussed with TriCore's Special Coagulation Laboratory staff to ensure appropriate testing.

If testing for *genetic or intrinsic platelet defects*, do not take the following medications (please call if you have a question):

- Aspirin or medication containing aspirin (this includes Excedrin and many cold remedies) – do not take for at least 14 days before testing.
- Ibuprofen and other non-steroidal anti-inflammatory medications – do not take within 48 hours of testing.
- Antihistamines - do not take within 48 hours of testing.
- Herbal or “natural” therapeutics – in general, do not take within 48 hours of testing.
- Antibiotic therapy - delay testing for at least 10 days after completion.

If your physician has prescribed any antiplatelet medications such as clopidogrel (Plavix), dipyridamole (Persantine), or eptifibatide (Integrilin), please notify the Special Coagulation Laboratory staff when scheduling. These medications will interfere with testing.

Bring a list of the medicines you are taking when you come for your test.

Avoid fatty foods for at least 8 hours before your test. (You do not have to fast.)

Avoid alcohol, caffeine (coffee, tea, and soft drinks), and nicotine (cigarettes, e-cigarettes, patches, and gum) the morning of your test.

Avoid strenuous exercise the morning of your test.

Unless instructed otherwise, please go to TriCore's Encino Patient Care Center:

801 Encino Place NE, Suite D-5
Albuquerque, NM 87102
Phone 505-924-6910

Directions

From the I-25 frontage road, turn east on Lomas Blvd. NE
Travel 0.3 miles on Lomas Blvd. NE
Turn right (south) at Medical Arts Ave. NE and go up the hill
Travel 0.2 miles on Medical Arts Ave. NE
Turn right (west) on Encino Place NE
Suite D-5 is located in the southwest corner of the office complex