

# PATIENT INSTRUCTIONS - FIRST CATCH URINE COLLECTION FOR CHLAMYDIA AND GONORRHEA (STDAMP)

## PLEASE READ CAREFULLY

**Important: specimen must be received in a sterile urine container and analyzed within 24 hours of collection.**

**This urine specimen should be collected one hour after a previous void.**

### PATIENT INSTRUCTIONS

1. Wash your hands thoroughly.
2. Female patients should not cleanse labial area for this collection.
3. Hold the urine cup by the outside. Be careful not to touch the rim, the inside of the cup or the underside of the lid.
4. Directly urinate approximately 20-30 mL of urine into the cup, (1/3 full).
5. Remove the cup and finish urinating into the toilet.
6. Replace lid on urine specimen cup.
7. Write your first and last name, date, and collection time on the container.

### LAB PERSONNEL INSTRUCTIONS

Deliver **IMMEDIATELY** to the laboratory.

### IF YOU ARE UNABLE TO PROVIDE A SPECIMEN

Please inform a member of the laboratory staff.