

Urinary Tract Infections

Gram Negative Urine Isolates					
	# of Isolates	Nitrofurantoin (Macrobide®)	Trimethoprim-Sulfamethoxazole (Bactrim DS)	Ciprofloxacin	Cefazolin (D)
<i>Citrobacter freundii</i>	109	89.0%	88.1%	96.3%	
<i>Citrobacter koseri</i>	73	26.0%	98.6%	100.0%	
<i>Enterobacter aerogenes</i>	103	19.4%	100.0%	100.0%	
<i>Enterobacter cloacae</i>	134	28.4%	94.8%	97.8%	
<i>Escherichia coli (F)</i>	4998	98.1%	79.1%	83.6%	91.1%
<i>Klebsiella oxytoca (F)</i>	123	76.4%	94.3%	96.7%	60.2%
<i>Klebsiella pneumoniae (F)</i>	940	38.8%	93.5%	97.0%	95.8%
<i>Proteus mirabilis</i>	221		91.0%	90.5%	75.7%
<i>Pseudomonas aeruginosa</i>	161			85.0%	
<i>Morganella morganii</i>	27*		88.9%	96.3%	
Gram Positive Urine Isolates					
	# of Isolates	Nitrofurantoin (Macrobide®)	Trimethoprim-Sulfamethoxazole (Bactrim DS)	Cefazolin (D)	Ampicillin
<i>Enterococcus faecalis</i>	430	100.0%			99.8%
<i>Enterococcus faecium</i>	20*	Not Tested			45.0%
<i>Staphylococcus aureus</i>	71	100.0%	100.0%	77.5%	

Definition^B

Uncomplicated UTIs include acute cystitis or pyelonephritis in healthy non-pregnant, premenopausal women without history of structural/functional abnormalities in the urinary tract. Other cases are generally considered complicated UTIs.

IDSA Guidelines: Empiric Treatment Recommendations^B

Uncomplicated Cystitis

First-line agents

Nitrofurantoin^A; 100 mg twice daily, oral

5 days

Trimethoprim/sulfamethoxazole; 160/800 mg DS twice daily, oral

3 days

Fosfomycin; 3 g single dose, oral

1 dose

Second-line agents

Ciprofloxacin; 500 mg twice daily, oral

3 days

Uncomplicated Pyelonephritis (Perform culture and susceptibilities)

First-line agents

Ciprofloxacin; 500 mg twice daily, oral

7 days

Second-line agents

Trimethoprim/sulfamethoxazole 160/800 mg DS twice daily, oral

14 days

Common Pathogens^B

Escherichia coli
(75%-95% prevalence)^B

Staphylococcus saprophyticus

Klebsiella spp.

Proteus mirabilis

Enterococcus spp.

Group B streptococcus

Pseudomonas aeruginosa

Urinalysis Reflex to Culture Criteria

Positive nitrite

Positive leukocyte esterase

Moderate to many bacteria

>5 WBC/hpf

Other Organisms (# of Isolates)

Staphylococcus saprophyticus (15)

Routinely susceptible to nitrofurantoin, Bactrim and fluoroquinolones^E

Aerococcus spp. (33)

Routinely susceptible to nitrofurantoin and β -lactams^E

Isolates included in this antibiogram are from non-specialty outpatient clinics throughout New Mexico. Black shaded antibiotics have no coverage. Gray shaded antibiotics are <50% susceptible or Not Tested. Antibiotics included represent oral formulations available. Susceptibilities in green for oral treatment options are greater than or equal to 80%.

*Organisms with <30 isolates have limited statistical significance of the result.

(A) 2015 Beers Criteria recommendations state the use of nitrofurantoin is considered inappropriate for treatment of UTI in patients 65 years of age or older with a creatinine clearance less than 30 mL/min.

(B) Gupta K, et al. Clin Infect Dis. 2011;52:e103-e120 (IDSA Guidelines); Gupta K, Boucher HW. Infectious Disease Clinics of North America. Vol 28. No. 1. Elsevier Inc;2014.

(C) Oral cephalixin, cefdinir, cefaclor and cefpodoxime susceptibility is predicted by cefazolin susceptibility testing. (CLSI Document M39-A4, 4th ed. Copyright 2014.

(D) ESBL positive rate for *E. coli* is about 3%, *K. oxytoca* is about 4% and *K. pneumoniae* is about 2%.

(E) CLSI Document M100, 27th ed. Copyright 2017. Higgins A, et al. Urol Case Rep. 2017;13:24-25. CLSI Document M45, 3rd ed. Copyright 2016. Rasmussen M. Clin Microbiol Infect. 2016;22:22-7.