TriCore
REFERENCE LABORATORIES

PAIN MANAGEMENT
TEST SELECTION

NEW MEXICO REGULATIONS FOR MANAGEMENT OF PAIN

Effective January 1, 2017, "urine tox screens must be obtained before prescribing opiates for chronic pain, and then obtained every six months thereafter," as stated by the New Mexico Medical Board under regulation 16.10.14.9 for Management of Pain and other Conditions with Controlled Substances.

SELECTION OF PAIN MANAGEMENT TEST PANELS

TriCore recommends a simple protocol for managing your patients while complying with this new rule.

UDPMNR

Order before prescribing to a new patient. This broad screen will detect all of the commonly prescribed and abused drug classes as well as confirm all positive screening results.

UPMC2R

Order every six months while prescribing the most common narcotic pain medications (morphine, hydrocodone, oxycodone). This cost-effective hybrid panel will report opiates present as well as screen for additional drugs of concern and will reflex to confirm positive results.

UPMC3R

If you are prescribing less common narcotics (Demerol, fentanyl, and tramadol) order UPMC3R instead of UPMC2R. It includes the other opioids as well as additional drugs of concern and will reflex to confirm any positive results.

TriCore Reference Laboratories offers improved urine drug screening and urine pain management compliance panels. Use the chart below to help guide you in selecting the best test for your patient.

NOTES

MXOPIT Opiate Confirmation is in all the UPMC panels. This test quantitates codeine, morphine, hydrocodone, hydromorphone, oxycodone, oxymorphone, and the heroin metabolite 6MAM.

All specimens are **urine**.

TEST CODE	TEST NAME	Urine Opiate Confirmation / MXOPIT	Urine Opiate Screen / UOPIT	Urine Oxycodone Screen / UOXYC	Urine Creatinine / UCREAT	Urine Buprenorphine Screen / UBUP	Urine Methadone Screen / UMTHN	Urine Amphetamine Screen / UAMPH	Urine Benzodiazepine Screen / UBENZ	Urine Cocaine Screen / UCOCN	Urine Fentanyl Screen / UFEN	Urine Demerol Screen / UDEM	Urine Soma Screen / USOMA	Urine Zolpidem Screen / UZOL	Urine Tramadol Screen / UTRAM	Urine Barbiturate Screen / UBARB	Urine THC Screen / UTHC	Urine PCP Screen / UPCP	Urine Tricyclic Screen / UTRIC	Urine Propoxyphene Screen / UPROP	Urine Ethanol Screen / UETOH
UPMCP	Ur Pain Mgt. Compliance	X																			
UPMC2 UPMC2R	Ur Pain Mgt. Compliance Ur Pain Mgt. Compliance 2R	X	*	*	X	X	X	X	X	X											
UPMC3 UPMC3R	Ur Pain Mgt. Compliance Ur Pain Mgt. Compliance 3R	X	*	*	X	X	X	X	X	X	X	X	X	X	X						
UDPMN UDPMNR	Ur Pain Mgt. New Ur Pain Mgt. New R		X	X	X		X	X	X	X	X	X	X	X	X	X	X	X	X	X	X

*These screens are not necessary because the drugs are confirmed in the MXOPIT.

NEW PATIENT

The UDPMN test code is a broad <u>screening</u> <u>panel</u> designed for a patient new to your practice. It includes screening for opiates (morphine, morphine glucuronide, codeine, hydrocodone and hydromorphone), oxycodone, methadone, amphetamine, benzodiazepine, cocaine, fentanyl, Demerol, Soma, zolpidem, tramadol, barbiturate, THC, PCP, tricyclic and propoxyphene.

The UDPMNR test code adds an <u>automatic</u> <u>confirmation</u> testing for any positive screening results for the substances mentioned above.

MONITORING PATIENT COMPLIANCE

Urine Pain Management Compliance test panels do not screen for opiates and oxycodone; they confirm the following six opioids (codeine, morphine, hydrocodone, hydromorphone, oxycodone and oxymorphone) while adding the metabolite for heroin, 6-monoacetylmorphine (6MAM) under the test code MXOPIT.

Is my patient taking their prescribed opiate medication?

> The UPMCP test code is specifically designed for definitively determining if your patient has taken any of the six opioids described above (generally within the last 2-4 days) and/or has used heroin (generally within the last 2 days). This is described as the Urine Opiate Confirmation (test code MXOPIT).

How do I screen for other substances in addition to confirming the opiates my patient is prescribed?

> The UPMC2 and UPMC3 test codes add screening for additional drugs of potential concern. The UPMC2 panel includes buprenorphine, methadone, amphetamine, benzodiazepine and cocaine in addition to the MXOPIT opiate confirmation test. The UPMC3 includes fentanyl, Demerol, Soma, zolpidem and tramadol in addition to the substances listed for UPMC2 and the MXOPIT urine opiate confirmation test.
>
> Positive screening results for the substances included in the UPMC2 and UPMC3 test codes will be automatically confirmed by ordering UPMC2R or UPMC3R.

Can I order individual drug screens instead of or in addition to the existing panels?

> Yes. For example, you can order the UPMCP test code for urine opiate confirmation and add a urine benzodiazepine screen (test code UBENZ), urine THC screen (test code UTHC), urine tricyclic screen (test code UTRIQN) and/or urine ethanol screen (test code UETOH). Confirmation testing will need to be ordered separately for positive screens.