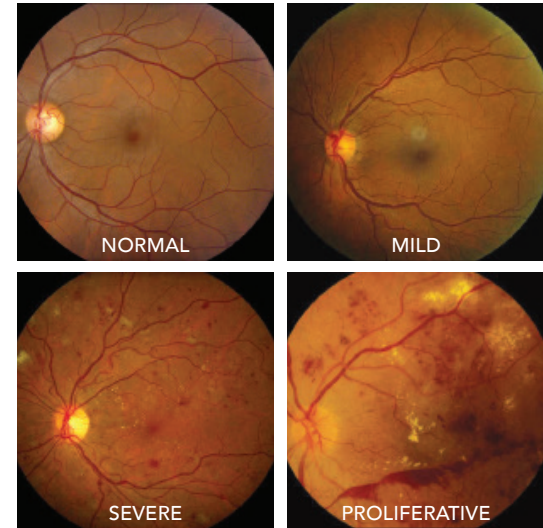


TEST CODE: RETSCR

The American Diabetes Association (ADA) and the American Academy of Ophthalmology (AAO) both recommend routine ophthalmology screening for patients with diabetes (ADA, 2009; AAO, 2012).¹

Ophthalmic complications of diabetes, including diabetic retinopathy (DR) and diabetic macular edema (DME), are a leading cause of blindness in the United States.² Specifically, the late-stage complications associated with severe non-proliferative diabetic retinopathy (NPDR), proliferative diabetic retinopathy (PDR), and clinically significant macular edema (CSME) can result in severe and permanent vision loss.^{3,4} There are effective treatments available for patients diagnosed with severe NPDR, PDR, and CSME which can prevent vision loss by as much as 90%.⁵

Screening for DR is particularly important because patients may remain asymptomatic until they progress to PDR and/or CSME. Diagnosing these patients before they become symptomatic allows for timely treatment of vision-threatening DR and DME, thus preventing vision loss.



Progression of Diabetic Retinopathy

¹ New Mexico Health Care Takes on Diabetes. Available at: http://nmtod.com/pdfs/retinaleexam.pdf_old-3-2

² National Eye Institute. 2013. Available at: http://www.nei.nih.gov/health/fact_sheet.asp

³ Aiello LP, et al. Ophthalmology; 2006; 113:2221-2230

⁴ Ciulla TA et al. Diabetes Care; 2003; 9:2653-2664

⁵ Garg, S, et al. Clinical Diabetes; 2009; 27:140-145

DIABETIC RETINOPATHY SCREENING

- Diabetes is the leading cause of blindness in adults.
- Greater than 50% of diabetic patients do not receive their required eye exam.
- TriCore offers retinal screening as a preventative procedure.
- The preventative screen takes 10 minutes and no eye drops (dilation) are needed.
- Coverage is provided for diagnosed diabetics by:
 - Blue Cross Blue Shield of New Mexico
 - Molina Healthcare
 - Presbyterian Health Plan
 - United Healthcare
- VisionQuest* delivers the report to the patient and clinic as well as assists in coordinating follow-up care (if necessary).
- Ask your doctor about ordering this screening and then call one of the TriCore patient care centers listed to the right to schedule an appointment.



tricore.org

*TriCore offers diabetic retinopathy screening in collaboration with Vision-Quest i-Rx.

ATRISCO PATIENT CARE CENTER

(ATRISCO AND ST. JOSEPH'S INSIDE PMG BUILDING)

3901 ATRISCO NW

MONDAY – FRIDAY • 7 AM TO 6 PM

SATURDAY – SUNDAY • 7 AM TO 4 PM

505-462-7549

ENCINO PATIENT CARE CENTER

(LOMAS TO MEDICAL ARTS TO ENCINO)

801 ENCINO PLACE NE, SUITE D-5

MONDAY – FRIDAY • 7 AM TO 5 PM

505-924-6910

KASEMAN HOSPITAL OUTPATIENT LABORATORY

(Constitution and Wyoming NE)

8300 Constitution Ave. NE

Monday – Friday • 7 am to 5 pm

505-291-2452

PARADISE HILLS PATIENT CARE CENTER

(PARADISE BLVD NW AND EAGLE RANCH ROAD NW)

4588 PARADISE BLVD. NW

Monday – Friday • 6 am to 6 pm