

THERE ARE THREE WAYS TO OBTAIN YOUR LAB RESULTS

■ From Presbyterian or UNMH — the quickest and easiest way to obtain your results

If a Presbyterian or UNMH clinic primary care physician ordered your lab tests, use the Presbyterian or UNM patient portal.

myPRES and MyChart

Access the Presbyterian portal, myPRES, at <https://mypres.phs.org/Pages/default.aspx> and complete the initial registration. When logged in to myPRES, you can access your lab results using MyChart. For help, call Presbyterian Customer Service at 505-923-5678 or 1-866-388-7737.

MyHealthUNM

To obtain a portal login, contact your UNMH clinic. Access the UNM portal, MyHealthUNM, at <http://hospitals.unm.edu/outpt/>

■ From TriCore

Visit any TriCore facility and complete a Patient Request for Medical Records form. Your lab results will be sent to you as quickly as possible, and within no more than 30 days. They will be delivered by email, fax or US mail (your preference). For more information visit www.tricore.org.

■ From the Ordering Provider

Contact the office of the physician that ordered your tests to obtain and discuss your results.